

Official indoor base ball guide containing the constitution, 1905

SPALDING'S INDOOR BASE BALL GUIDE for 1905

I . UWWW u a 9V- wc-c * . fr t - IVrBW lorc

II,

GEORGE W. HANCOCK, "Father of Indoor Base Ball."

CONSTITUTION, BY-LAWS AND PLAYING RULES

\ i ----- -- -----

OFFICERS

-i ,

Photo by Walinger. ROBERT L. WELCH, President-Secretary National Indoor Base Ball Association.

W. F. COREY, Treasurer National Indoor Base Ball Association.

ADVISORY BOARD

ADVISORY BOARD CENTRAL COMMITTEE. W. J. MAHNKE, Cleveland, Ohio, Chairman. J. W. JORDAN, Owosso, Mich. W. H. PECK, Norwalk, Ohio. R. C. SUNDERLAND, Delavan, Ill. H. H. BIGGERT, Berlin, Wis. EMIL SCHINKE, South Bend, Ind. W. C. VOIGT, La Crosse, Wis. G. W. WORTHINGTON, Evansville, Ind L. J. McKONE, Oshkosh, Wis. S. BALDWIN, JR., Bloomington, Ill. O. TRUEX, Elkhart,

Library of Congress

Ohio. E. P. HOUGHTON, Marion, Ohio. J. B. MODESETT, Milwaukee, Wis. CHAS. T. BEARD, Port Huron, Mich. H. E. MCGEE, Alpena, Mich. L. P. MUFFAT, Detroit, Mich. W. P. INNES, Grand Rapids, Mich. M. A. MARTIN, Toledo, Ohio. EASTERN COMMITTEE. C. E. HILTON, Buffalo, N. Y., Chairman, V. E. B. FULLER, Brooklyn, N. Y. F. E. DOLE, Concord, N. H. S. GAUSMAN, Middletown, N. Y. GEO. B. VELTO, Hartford, Conn. W. B. COATS, Albany, N. Y. HENRY J. HUGHES, Syracuse, N. Y. JOHN DONOVAN, Oswego, N. Y. C. E. HALLER, Buffalo, N. Y. P. YONKER, Syracuse, N. Y. R. F. CAMPMAR, Buffalo, N. Y. CHAS. E. KINSKY, Buffalo, N. Y. A. M. BORAGER, Rochester, N. Y. L. P. PRATT, Philadelphia, Pa,

NORTHERN COMMITTEE. HARVEY T)A SH, Duluth, Minn., Chairman. N. E. FRANKLIN, Deadwood, So. Dak. FRED SCHAFFER, Winola, Minn. J. W. MILLIGAN, Fairbault, Minn. I. J. SHIELDS, Houghton, Mich. A. M. MCDONALD, Calumet, Mich. H. H. CORROLL, Duluth, Minn. J. B. SCHLITZ, Ryder, N. Dak. C. A. WHEELER, Marquette, Mich. W. S. CROWE, Manistique, Mich. J. W. NOLAN, St. Paul, Minn. J. P. CHARLIBOIS, Toronto, Canada. W. W. HASTINGS, Owatonna, Minn. O. R. OXLEY, Cheboygan, Mich. H. G. HELSTROM, Eau Claire, Wis. E. S. WIGLE, Windsor, Canada. MONTE BROWN, Menominee, Mich. P. H. MADEN, Mankato, Minn. F. A. ANNAN, Green Bay, Wis. CHAS. FOLLIS, Sault Ste. Marie, Mich. WESTERN COMMITTEE. I W. LARIMORE, Denver, Col., Chairman, G. I. THOMAS, Salem, Ore. J. B. WING, Seattle, Wash. H. W. NORMANDY, Portland, Ore. J. H. FLAHERTY, Ft. Dodge, Ia. H. T. REPPETO, Salt Lake City, Utah. H. C. GLEASON, Seattle, Wash. C. L. REID, East Helena, Mont. W. R. BUSSE, Dubuque, Ia. O. M. BABBITT, Portland, Ore. F. E. PIERSON, Dubuque, Ia. OTTO PRUESCHEL, Burlington, Ia,

SOUTHERN COMMITTEE. THOMAS CORNELIUS, Baltimore, Md., Chairman. C. E. BECKETT, Washington, D. C. H. L. KAYTON, Savannah, Ga. L. O. GILLESBY, New Orleans, La. W. F. FRY, Montgomery, Ala. E. T. AISTHORPE, Cairo, Ill. J. E. MILES, Birmingham, Ala. F. G. BYRD, Atlanta, Ga,

0 pd 4-1 Cr -H o * am J2 m 4) c) en 0-- u

INDOOR BASE BALL

INDOOR BASE BALL ORIGIN OF GAME The game of indoor base ball was invented in Chicago in 1887. Members of the Farragut Boat Club had assembled in the gymnasium hall on Thanksgiving day of that year and an old boxing glove was carelessly thrown around the room. One of the boys took up a broom and batted the glove back to the thrower; when George W. Hancock suddenly exclaimed, "Say, boys, let's play ball!" Thereupon the huge wrestling mat was hauled around to answer for a diamond and a lively game of "scrub" took place, the broom-handle having been broken off and used for the bat and the unwieldy boxing glove taking the place of a ball. It proved great fun and at its conclusion Mr. Hancock gathered the members around him and unfolded a plan which had occurred to him as the players were sliding around the hall. "I believe this affair can be worked into a regular game of base ball which can be played indoors, and if you all come down Saturday night I'll make up some rules and have a ball and bat which will suit the purpose of the sport and do no damage to the surroundings." And so, on the night announced, two teams were chosen, and Mr. Hancock read the rules he had made up to suit the surroundings and presented to the gaze of the assembled members the huge ball and small rubber-tipped bat which have since been identified with the game. The contest was one of the funniest performances ever witnessed and members and visitors went away loud in their praises of "Indoor Base Ball," as the new sport was christened.

Ed m e 41 0 0 X s PA ai^ 4 z pa c To o Q^ ^7 -pp v ^, F: w ;.H 'l -a l c; m ed E9 ffl - 0 F: K e3' 9,| oi 0 >, rn

- A

Al

THE GAME'S PROGRESS

IS

0 .1 . m .O OfM C) 0i^ w

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. I7 result was much smaller figures and more on the profes- sional basis of base ball, until now, with numerous clubs and leagues all over the country, the game has reached a scientific standpoint hitherto unsuspected of fulfilment. It can be played in any hall of size which will permit of sufficient light and room for the diamond and fielding, the composition of the floor being immaterial, as the rubber- soled shoes required to be worn will allow running on even the waxed floor of a dancing hall. About the smallest size -for a playing floor is 4; x 50 feet. ,A larger surface will, of course, allow greater freedom for;, fielding and running. The spectators are usually placed in the right and left field, on either side of the catcher's territory, and in galleries, according to the construction of the room used for play. At first the sport was confined to a few of the social clubs of Chicago, which had organized a league, but of late years great strides have been made toward having the :game spread all over the United States. Many of the Chicago clubs have made trips to cities East and West and played indoor ball before large crowds of spectators, who had become initiated in the sport, and consequently extremely interested, for it is said of indoor ball that it is the most exciting sport which the winter 1 lonths give us, for, the space allotted for play usually being somewhat confined, the spectators and players are at no great dis- tance from each other, sand the rapid action is of a very exciting nature. Some excellent players have been developed, especially among amateurs. Several professionals have tried their hand, but find themselves outclassed by the more nimble amateurs, as agility rather than strength .nters largely into the sport.; :s... In playing the indoor game, ordinary base ball suits are the proper dress, except that the spiked shoes are done away with and rubber-soled ones used instead. At the knee and hip the trousers should be thickly padded, as

W. 1, L. 1 Y, Member Advisory Board. Montgomery, Ala.

SPALDING'S OFFICIAL INDOOR: BASE BALL GUIDE. In contact with the floor at these points is a common occurrence. A different style of play is noticeable in the successful indoor player from that adopted outdoors. In sliding to bases there must be perfect abandon, and, sliding well around the bag, the arm can be thrust out in passing and the base held. In batting, the ball can be bunted successfully, and, as the first contact with the floor decides its fairness, this feature is one practiced by many of the best players. Still, it must not be supposed that long hits cannot be made, for many home runs have been credited on drives that are astonishing in their force. The short stops usually play close to the batter-about ten feet, one on either side of the pitcher, for in the indoor game the right fielder comes into the diamond and takes the position known as "right short." The umpires' duties are rather difficult, as the quick play and closeness to the players oftentimes actually prevent their seeing the action, but in case one is unable to judge the other may be appealed to. It is surprising to note the expertness with which girls also can play the game after short practice. Many of the schools have leagues for girls' clubs and under proper training they develop wonderful playing, their contests being highly interesting though of necessity the number of spectators is more limited. Indoor base ball is a pleasant, agreeable and moderate sport. It has delighted thousands and incidentally developed an increasing interest in the outdoor game so closely are the two allied. It has emerged from what was at first termed a "fad" to a well-balanced, exciting sport, and there no longer can be any doubt that it has come to take its proper place among such games as, football, cricket, tennis and golf.

NORMAN K. ROBB, Member Executive Committee National Indoor Base Ball Association.

REPORT OF THE EXECUTIVE COMMITTEE

SPALDING S OFFICIAL INDOOR BASE BALL GUIDE. 23 the-act of delivery, he is obliged to pitch the ball from two: to three feet further than under the old rule and cannot get the body swing and momentum to the ball as when heeling the 18-inch line, which practically gave him two steps. Reports from the Advisory Board members show that leagues are being formed in towns and cities of almost every State in the Union, as well as the southern portion of Canada. In several instances State leagues of from four to eight towns have been organized that have proven thoroughly successful. Teams from Chicago have repeatedly arranged for a series of games, traveling from one to three thousand miles and playing to enormous crowds; such trips have proven highly profitable both to the club making the circuit and the home management. As a result of the rapid growth of the game and the increased interest that is manifested in the sport each season, it was deemed necessary to divide the Advisory Board into sectional committees, according to their geographical location: The Central, Eastern, Western, Northern and Southern; each committee to have a chairman to supervise the affairs of the game in his section, to look after its best interest, and to keep the game in a clean and healthy condition. Indoor base ball has advanced so rapidly in popular favor the past few years that it seems only a question of time until it will be the recognized national winter sport, the same as outdoor base ball is the national sport of the summer months.

SUGGESTIONS TO UMPIRES

SUGGESTIONS TO UMPIRES By CHARLES H. STEIN, Chief of Umpire Staff, Chicago Indoor Base Ball League. One of the first things for an umpire to acquire is to thoroughly familiarize himself with all the rules so that he can give a decision quickly and not be obliged to refer to a rule book. Assume full charge of the play from the commencement to the termination of the game, be firm in your decisions, and do not allow any player except the captain to discuss a decision with you, nor allow the players to discuss a decision

Library of Congress

among themselves, as wrangling of this kind is very annoying to the spectators. Never be too friendly with the players or talk with the spectators during the progress of the game and especially do not argue with them about any of your decisions. Never start a game without having a thorough understanding with both captains regarding the ground rules. See that the players take their positions in the field promptly and that the next batter up is always ready to take his place at bat. Remember that life and action is what makes the sport interesting, and a slow, listless game is very wearying to the people who pay their money to see you perform. Don't be afraid to move, so as to get in the best possible position to properly judge a close play. The umpire should think the same as a player, that if a certain play is made, what he should do, and figure out what position he should take to see the play properly. As a parting injunction do not under any circumstances allow profanity or vulgarity of any kind, for nothing will so quickly demoralize the sport and cheapen the game.

Je r visor W. IU-Pa, N, Member Advisory Board, St. Paul, Minn.

HINTS ON PITCHING

HINTS ON PITCHING By EDWARD C. GOECKEL, Pitcher for the Champion Spaldings of Chicago. I think the three most important things for an indoor base ball pitcher to acquire if he wishes to be successful are: perfect control of the ball, a good change of pace, and a good slow ball. Being able to throw a speedy ball does not make a pitcher. The twirler with medium speed, coupled with good control and a change of pace, is much more successful than a speedy pitcher who has fair control but throws the same speedy ball throughout the game. This last method not only tires him out, but it also causes him to lose control of the ball at critical stages of the game. A pitcher should try and develop a good full swing of the arm before delivering the ball, because this gives him a better chance to change his speed without betraying it to the batter. When the batsman faces you, try if you can, to study out his ability to hit by his position in the batter's box, the way he swings his bat, etc. Never put a ball where he wants it, but keep him guessing. First, try

Library of Congress

him on a speedy one, in close, now lob over a high one, then curve one away from him, etc. Always mix them up. Never put a ball right over the plate unless you are compelled to. Give no bases on balls if possible. Always remember that there are eight men back of you who will work just as hard as you are doing if you will only give them the chance.

n - .0 . pa S E4 E cdpi'S'Q~'

29

z z 5 o V H V ^1 EIE O V 4 0 HE Op V V WE H H oX H

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 31 Here is a thing which a pitcher should watch very closely. When a base runner is on third base and the catcher throws the ball to the third baseman or the short- stop, the pitcher, before receiving the ball from either of the above, should take a position in front of the pitcher's box, as close to home plate as possible with one foot inside the pitcher's box, for, should the runner attempt to steal home plate on the throw, the pitcher can be ready to toss the ball to the catcher. With these few hints, I think it is an easy matter to acquire the art of indoor base ball twirling and be successful with it. o As a final advice, always keep cool, never lose your temper while in the box, don't argue with the umpire, and most of all, "use your head." Wait until after the game and then play a certain part of it over again by "If we only-If you-If I, etc., etc.

L. STERNHEIM, Sergeant-at-Arms Chicago Indoor Base Ball League.

THE ART OF BATTING

33

0 * ^ ^ v0 X ^ 'X o-p ^ Rh _*5 tOU Q o * o *0)" 0 rY C) d a 0- Z 0)2 <0) (. 0 CO O -OwV "" a
~ X o ^ a) '% MW a X.^ H .Q 0 ^a s~ ^) V 2 00t r0 av 5 "a C" " O ?^ o ai r-<3

35

:1 i i i i i i i i

HOW TO BECOME A BASE RUNNER

37

4 -N =0 e0 CO 0 S to - N a0 g 8 <Q - .5^ Ln . r-i-

39

Q)0 Prq - p 14

INDOOR BASE BALL IN CANADA

*.0 .0 F . X 00 iv E E E-- (L I E s . a m

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 45 times at bat, which is the record for the league. W. Bunt- ing of G Company, 48th, came next with 15 hits in 26 times at bat. The following gives the score in the final game, which decided the championship:

ENGINEERS. A.B. R. B.H. P.O. A. E. Beatty, p..... 6 6 o I Weldon, 2b..... 7 I 2 I r o Williams, ib..... 5' 4 2 IO o i Jermyn, r.s.s 7 I o 2 o o Ross, 3b..... . 7 4 3 2 2 i Biggs, l.s.s 6 4 5 I 4 0 Lang, l.f..... .. 7 2 2 5 o o Charlebois, r.f..... 7 3 3 2 I o Baldwin, c 6 3 3 4 o I Total60 28 27 27 8 3 BATTERY. A.B. . R.B.H. P.O. A. E. W alton, l.s.s..... 5 I 2 4 I Stevens, 2b..... . 5 I 2 2 0 2 Finlay, r.s.s 5 I 2 I 4 2 Straley, p 5 o o o 4 2 A, Pember, 3b 4 .o o o 0 Reid, c 4 I 2 5 o 2 Spain, l.f 3 I o 4 I O E. Pember, b 4 2 I 9 Hill, r.f I 2 I Total 39 8 IO 27 10 9 Engineers I 9 3 I I 3 2 4 4-28 Battery o o o I I 0 I 4- 8

III

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 47 Two-base hits-Beatty 2, Biggs, Lang 2, Baldwin 2, Fin- lay 2, Reid, E. Pember, Hill. Three-base hits-Beatty, Weldon, Williams, Ross, Biggs, Charlebois 2, Stevens. Home run-Baldwin. Bases on balls-Off Straley 2. Double play-Charlebois to Williams. Left on bases-- Engineers 9, Battery 5. Time of game-1.15. Umpires McConnell and J. Bryder. Officers of the night-Sergeants Foster and Patterson. Attendance, 1,500

I 4 D JL

IMPLEMENTS OF THE GAME

49

,s^ so <u -l 0;h 3| v\$o a) Eq P; oo . sq: 0 o i; - ^ M X ^ Ki Y I O ,_ V _ 4 p * 0a U -r Cq_ .^ 2 . _ _i;

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 51 The pants should either be padded at the knees and hips, or the regular adjustable knee-pad used to prevent actual contact of these parts of the anatomy with the floor. SHOES. All shoes worn must have rubber soles; those with cor- rugated rubber having been found the best. MATS. Where bases lie near a wall, padded mats should be stood up opposite, against which the players may strike when running or sliding.

CONSTITUTION

53

55

Library of Congress

tad cld -t 4-1 0" . . i ln ,_U l to ^ .; X ba .e s 2 S 0 H ^ C, .. . C) .r; a si C'J ^ o _l ^ CO" g-
~1^ cOS s^ SwF

. CZ S H 0 _ O U) _ 1-(.t E, > a o u

59

i

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 6I ARTICLE VII. The Secretary, upon the written request of a member of the Executive Committee, or three members of the Association, shall submit any question to a vote of the Executive Committee. Within five days after the vote on the question, he shall mail to each member of the Association the question and the result lof the vote. ARTICLE VIII. AMENDMENTS. (I) The Constitution of this Association may be altered or amended by a three-fourths vote of the Executive Committee, providing such alterations or amendments have been submitted in writing, together with the name of the member proposing it. (2) Any section of this Constitution may be suspended or its provisions made non-applicable by a unanimous vote of the Executive Committee,

00 o 4C- to ,0 Fo 0H c) ct - i O c. CO . 3o

ORGANIZATION OF LEAGUES

63

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 65 Another point to which careful attention should be given is the selection of officials. See that competent and im- partial umpires and scorers are secured, and that the scores are turned over to the Secretary after each game, so that ?^ ~ the average of the players can be kept, as they are very

Library of Congress

interesting to both the public and the players. See that the umpire gets the respect due him, back him up in his official acts, and do not countenance continual kicking by the players. Last, but not least, see that your press committee keep the press supplied with information concerning the affairs of the league and secure advertising wherever possible. The following is practically a copy of the Constitution of the Chicago Indoor Base Ball League, and has worked smoothly for the past four or five years,

a i l n l r 7 - T - i - 7 ~ 7 ~ 7 - 4 L |

CONSTITUTION AND BY-LAWS

CONSTITUTION AND BY-LAWS ARTICLE I. NAME.. This organization shall be known as the INDOOR BASE BALL LEAGUE. ARTICLE II. OBJECTS. To promote the game of indoor base ball among the clubs of ARTICLE III. MEMBERSHIP. The membership of this league shall consist of clubs from the recognized clubs of ARTICLE IV. TERMINATION OF MEMBERSHIP. The membership of any club may be terminated- (1) By resignation, duly excepted by a three-fourths vote of all the clubs in meeting duly convened. (2) Allowing open betting or pool selling at a game, or in room in which game is played. (3) Playing any game of ball with a club that has been dis- qualified. (4) Allowing any player to play on team that has been expelled by the League or any club thereof. (5) Offering, agreeing, conspiring, or attempting to lose any game of ball or of being interested in any pool or wager thereon. (6) Failing or refusing to comply with any lawful require- ments of the Board of Directors. (7) Wilfully violating any provision of the Constitution or the legislation or playing rules in pursuance thereof.

l i l l l l l l l l l l l l l l l i

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. . 69 ARTICLE V. EXPULSION OF CLUBS. Any club is liable to expulsion that fails to live up to the Constitution; the facts in any case must be reported at once to the Secretary, who shall at once notify the party charged with the offense, inquiring whether any dispute exists as to the facts alleged. In

Library of Congress

case the facts are disputed, the Board of Directors shall, after due notice, try the case under such regulation as they prescribe, and their finding shall be final and conclusive.

ARTICLE VI. Each club shall file with the secretary on or before the day of registration of each player, accompanied by the necessary fee, and shall deposit with the secretary ' cash, same to be forfeited on expulsion or with- drawal of club. A special assessment

may be levied by the Board of Directors to cover any deficit that may exist. ARTICLE

VII. IMPOSING OF FINES. Upon conviction of any violation of the Constitution or By-Laws, the Board of Directors may, in the first instance, as a preliminary to or in lieu of expulsion, impose such a fine as is in their judgment commensurate with. the injury, which fine may include a penalty payable to any other club or clubs, as an equivalent for damage sustained, or payable to the League, to be disposed of as the Board of Directors see fit.

The Arbitration Committee shall have the powvr to impose such fine on 'any club or player reported for violation of the Constitution or playing rules, as in their judgment the case warrants. ARTICLE VIII. OFFICERS. Each club of the League shall be entitled to two (2) dele gates to the League which

cTo 0 0 -'a E-4 0 0 10" - d M g . l wS

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 71 shall constitute the governing body of said League, from which shall be elected a President, Vice-President, Secretary-Treas- urer, and six (6) directors, which shall constitute the Board of Directors; no two (2) shall be elected from any one club. Amended that President be non-representative of

any club rep- resented in the League. ARTICLE IX. DUTIES OF THE PRESIDENT. The President shall preside at all meetings of the League and Board of Directors; appoint all committees, and perform such other duties as pertain to 7'is office or may be assigned him by Board of Directors. He shall, with the Secretary, sign all necessary documents.

He shall have the casting vote, in case of a tie, on all questions at both League and Board meetings. In absence of the President at any meeting of the League, the Vice-President shall exercise the power and duties of the President at such meetings. ARTICLE X. SECRETARY. The Secretary shall be treasurer of the League, and as such shall be

Library of Congress

custodian of all funds of the League, and shall render monthly a report of his account. He shall have the custody and care of all official records and documents; shall keep a true record of all meetings of the League and Board of Directors; shall issue all official notices and attend to the necessary correspondence. He shall be entitled to such books, stationary, and material as the actual duties of his office may require (and shall keep a complete record of all games played). ARTICLE XI. DUTIES OF THE BOARD OF DIRECTORS. It shall be the duty of the Board of Directors to carry out the objects and purposes of the League. They shall have the power to adopt such rules and regulations as they may deem

0 *t C) H. C*^ 00 aY uj g d * ^ i , Pi bQ

SPALDING S OFFICIAL INDOOR BASE BALL GUIDE. 73 necessary for the government of the League on matters not determined by the By-Laws or special action of the League, and may enforce a due observance of the same by such actions as in the opinion of the Board of Directors the welfare of the League may render necessary or advisable. They shall have power to receive and act upon all resignations of members, officers, and directors. Any officer or director of the League desiring to resign shall present his resignation to the Board in writing. ARTICLE XII. PROTESTS. All protests shall be settled by an Arbitration Committee of five, to be appointed by the Board of Directors, and must not be connected with any team or club of this League. All protests must be in writing and in the hands of the Secretary within forty-eight (48) hours after the game. .protests must be accompanied by a fee of \$5.00. ARTICLE XIII. UMPIRES AND THEIR DUTIES. A staff of League umpires shall be selected by a chief of umpires (chief of umpires to be selected by the delegates), who will have full charge of same and direct them when and where to officiate, and shall pay them their salaries. He shall furnish umpires with proper credentials to show that they are duly authorized to officiate. (1) It shall be the duty of the umpire to enforce the rules as they are written, regardless of his personal opinion as to their merit. (2) The umpire is sole and absolute judge of play. In no instance (under penalty of fine, to be imposed by Arbitration Committee), shall any person, except the captians of the

Library of Congress

competing teams, be allowed to address him or question his decision, and they can only question him on an interpretation of the rules. No manager or any other officer of either club shall be permitted to go on the field or address the umpire under a penalty of a forfeiture of a game. (3) Before the commencement of a game, the umpire of the game shall see that the rules governing all the materials of the game are strictly observed.

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 75 He shall ask the captain of the home club whether there are any special ground rules to be enforced, and if there are he shall see that they are duly enforced, provided they do not conflict with any of these rules. (4) Umpires shall call game at 8.30 P. M., sharp. (5) The umpires must keep the contesting nines playing constantly from the commencement of the game to its termination, allowing such delays only as are rendered unavoidable by accident or injury. He must, until the completion of the game, require the players of each side to promptly take their positions in the field as soon as the third man is put out, and must require the first batter of the opposite side to be in his position at the bat as soon as the fielders are in their places. The umpire may remove from the game any player guilty of vulgar, indecent or other improper conduct or language, and shall report same to the Arbitration Committee. (6) It is the duty of the umpire to stop any offensive "rooting" or noise, and to positively prohibit all continuous "rooting" under penalty of a forfeiture of the game by the side at fault. ARTICLE XIV. COACHING. The coaches shall be restricted to coaching the base-runner only, and shall not be allowed to address any remarks except to the base-runner, and then only in words of necessary direction; and shall not use language which shall in any manner refer to or reflect upon a player of the opposing team, the umpire or the spectators; and not more than one coach will be allowed with one runner on base, and two coaches with two or three runners on bases. To enforce the above the captain of the opposite side may call the attention of the umpire to the offence, and upon a repetition of the same, the offending player shall be debarred from further participation in the game. ARTICLE XV. REMOVAL. Any League umpire shall be subject to removal by the Board of Directors, and

Library of Congress

in the event of the resignation or removal of, any League umpire the chief of umpires shall have power to appoint a suitable person to fill the vacancy thus created.

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 77 ARTICLE XVI. CAUSE FOR EXPULSION. Any League umpire who shall, in the judgement of the Board of Directors, be guilty of ungentlemanly conduct, or of selling or offering to sell a game of which he is umpire, shall thereupon be removed from his official capacity. ARTICLE XVII. MEETINGS. Meetings of the League and Board of Directors shall be held at the call of the chair at least once a month or upon written request of three (3) clubs, three (3) days' notice being necessary. ARTICLE XVIII. GAMES PLAYED. It shall be the duty of the manager or his assistant of the winning team, to notify the Secretary, within forty-eight (48) hours after game is played, the final result of said game, giving complete individual and total score. ARTICLE XIX. BALL. The Spalding Red-Seam ball shall be the official ball of the League and must be used in all League games of the League and be stamped with seal of League. ARTICLE XX; TIE GAMES. All the games shall be decided within three (3) weeks from date of tie. ARTICLE XXI. RULES. The Spalding Indoor Base Ball Rules shall govern all games played in this League. ARTICLE XXII. WINNING OF PENNANT. The club having the largest percentage at the end of season shall be declared winner of pennant.

4, E 0 c) .12 o5 V 9 cv 3 . ^ ts O oQ h C CO * ^

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 79 ARTICLE XXIII. MEMBERS OF TEAM. Any person in good standing with the League may play on any team represented in the League. A player who plays a League game with a club in this League cannot play a League game with any other club in this League unless he gets a written release from the manager of club with which he has played. ARTICLE XXIV. REGISTRATION. The manager of each club shall be required to register the players of his team (regular and substitute) with the secretary. Each registration to be accompanied by a fee of twenty-five (25) cents. Players must be registered one week before they are eligible to play.

Library of Congress

Their personal signature to be attached to said registration blank. Managers shall have option on services of player so registered for the next season, and any player desiring his release shall appeal to the Arbitration Committee. ARTICLE XXV. RULES GOVERNING MEETING. Robert's Rules of Order shall govern the meetings of the League. ARTICLE XXVI. MISCELLANEOUS. 1. Roll call. 2. Reading of minutes of last meeting. 3. Report of committees. 4. Report of officers. 5. Reading of correspondence. 6. Election of new members. 7. Unfinished business. 8. New business. 9. Adjournment.

i l l i l l l 4 i

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 81 ARTICLE XXVII.

AMENDMENTS. The Constitution of the League may be altered or amended by a three-fourths vote of all the delegates present at any regular or special meeting of the League called for that purpose, provided such alterations or amendments have been submitted in writing and entered on the minutes, together with the name of the person proposing it, at a previous meeting of the League. Any section of the Constitution may be suspended or its provisions made non-applicable by unanimous vote at a League meeting,

HANCOCK'S INDOOR BASE BALL RULES

83

C) Q o d o 0 0 .4.) 0 u '0 c 0 4i ^ o r o o . o~ z z ^ 3 o \$ E-6 * ^ u . Z - 1 " bX ls Al

85

s J . E ,R C 0 H V C) O Z C E ' m b 0 m z \$of . C) . ^ . * . ^ oC

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. ,_ 87 rubber tip on the handle to prevent slipping. It must be made otherwise of wood, except that a metal rod may be passed through the centre to give desired weight, but under no circumstances is lead to be

Library of Congress

used in loading. The handle may be wound with string or tape. RULE V. THE PLAYERS. Seven to nine players must constitute a side. The play- ers' positions shall be such as shall be assigned them by their captain, except that the pitcher must take his posi- tion within the pitcher's lines. When in position on the field, all players will be designated as "fielders" in these rules. RULE VI. THE PITCHER. The pitcher shall take his position facing the batter with both feet on the ground wholly within the box and with both feet on the rear line of said box, and when in the act of delivering the ball shall not take more than one step, but shall not be restricted as to curving the ball, al- though the arm must be swung parallel with the body. He shall not make more than one step in the act of de- livering the ball. He shall hold the ball before the deliv- ery fairly in front of his body and in sight of the umpire. When the Armory game is played on a large diamond with 35 foot base lines and 30 foot pitching distance, the pitcher shall take his position as described above, but can heel with one or both feet a line drawn across the box 18 inches from the rear end of said box and shall not take more than one step in the act of delivering the ball. He shall hold the ball before delivery fairly in front of his, body and in sight of the umpire.

c) o ou o g 'E: 30 - < .F S CT T3 T - v . c^ - < 5 v 10 : . c * .- < < To n d on ^' 1: e To Em . g
3; 0 ped 3. de t S. ?>> (He H ^3

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 89 RULE VII. THE GAME. A game shall consist of nine innings to each contesting club, except that, if the side first at the bat scores less runs in nine innings than the other has scored in eight innings, the game shall then terminate; or, if the side last at bat in the ninth inning scores the winning run before the third man is out, the game shall terminate. RULE VIII. A TIE GAME. If the score be a tie at the end of the ninth innings to each side, play shall only be continued until the side first at bat shall have scored one or more runs than the other side in an equal number of innings, or until the other side shall score one or more runs than the side first at bat. RULE IX. A FORFEITED GAME. A forfeited game shall be declared by the umpire in favor of the club not in fault, at the request of such club, in the following cases: (a) If the required number of players to constitute a team fail to appear upon the field, or being upon the

Library of Congress

field fails to begin the game within one minute after the umpire has called "play" at the hour appointed for the beginning of the game, unless such delay in appearing or in commencing the game be unavoidable. (b) If, after the game has begun, one side refuses or fails to continue playing, unless such game has been suspended or terminated by the umpire. RULE X. SUBSTITUTES. The base runner shall not have a substitute run for him except by the consent of the captains of the contesting teams.

S 410 - m -Q) . 1 i V ^1t N 4

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 91 RULE XI. CHOICE OF INNINGS. The choice of innings shall be decided by flipping a coin. RULE XII. GOOD AND BAD BALLS. A ball legally delivered by the pitcher which passes over any part of the home base not lower than the batsman's knee nor higher than his shoulder is a good ball. Otherwise it is a bad ball. It being assumed that the batter is standing erect while in his position. RULE XIII. BALKS. A motion to deliver the ball by the pitcher without his doing so, or holding the ball so long as to unnecessarily delay the game, constitutes a balk. RULE XIV. ILLEGAL BALLS. A ball delivered by the pitcher with any part of his person out of the box, or if the pitcher fails to heel the back line of the pitcher's box with both feet prior to pitching the ball, or if he takes more than one step in the act of delivery. When the game is played under Armory rule, an illegal pitch shall be declared if the pitcher does not heel the 18-inch line or if he uses a curve. An illegal pitch entitles any base runner or batsman to a base. RULE XV. DEAD BALLS. Any pitched ball striking the batter is a dead ball, but does not entitle him to a base. If a batter intentionally gets in the way or interferes with any legally delivered ball a strike shall be called. If it should be the third strike the batter is out, and no base can be run on that ball.

k U) rl btt cIF 0

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 93 RULE XVI. NOT IN PLAY. In case of a foul strike, foul hit ball not legally caught out, dead ball, or base runner put out for

being struck by a fair hit ball, the ball shall not be considered in play until it is held by the pitcher standing in his box. RULE XVII. BLOCK BALLS. A block is a batted or thrown ball that is stopped or handled by any person not engaged in the game. (a) Whenever a block occurs, base runners may run the bases without being put out, until the ball has been returned to and held by the pitcher standing in his box. (b) In the case of a block, if a person not engaged in the game should retain possession of the ball, or throw or kick it beyond the reach of the fielders, the umpire shall call "time," and require each base-runner to, stop at the last base touched by him until the ball be returned to the pitcher standing in his box. (c) Special ground rules may be made allowing a certain number of bases on a fair hit into the crowd (or a thrown ball), in which case the above sections are void. RULE XVIII. THE SCORING OF RUNS. One run shall be scored every time a base-runner, after having legally touched the first three bases, shall touch the home base before three men are put out. If the third man is forced out, or is put out before reaching first base, a run shall not be scored. RULE XIX. FAIR AND FOUL BALLS. (a) A batted ball which strikes inside or on the foul line is fair, the first point of contact with the floor, object or fielder deciding, regardless of where it afterward rolls.

l 41 \ r 41 i 4 1 41

95

H E- C0 I-1 ,V) 0 -7 ><

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 97 (b) Instantly after four balls have been called by the umpire. (c) Instantly after three strikes. (d) Instantly after the umpire declares an illegal delivery of a ball by a pitcher. RULE XXIV. BASES TO BE TOUCHED. The base-runner must touch each base in regular order, viz.: First, second, third and home base; but when obliged to return may go directly to the base which he legally holds. RULE XXV. ENTITLED TO BASES. The base-runner shall be entitled, without being put out, to take one base in the following cases: (a) If, while he was

Library of Congress

batsman, the. umpire called four balls. (b) If the umpire awards a succeeding batsman a base on four balls or in case of an illegal delivery, and the base-runner is thereby forced to vacate the base held by him. (c) If the umpire calls a "balk" or "illegal pitch." (d) If a ball delivered by the pitcher pass the catcher or is fumbled, only one base may be taken, provided the runner make it, hnless it is a third strike or fourth ball, when the runner 'is entitled to all he can get. (e) If the pitcher does not give him time to return to his base. (f) If, upon a fair hit, the ball strikes the person or clothing of the umpire on fair grounds. (g) If he be prevented from making a base by the ob- struction of an adversary. (h) If, when he was batsman, the pitcher delivered an "illegal ball."

I -

SPALDING S OFFICIAL INDOOR BASE BALL GUIDE. 99 RULE XXVI. WHEN TO START. (a) A base-runner must not leave his base when the pitcher holds the ball standing in his box (except to mois- ten the soles of his shoes by permission of the umpire). (b) A base-runner must not leave his base on a pitched ball not struck, until after it has reached or passed the catcher, on penalty of being called back. (c) A base-runner must be on his base when the pitcher is ready to deliver the ball to the batsman. (d) When the Armory game is played on a large dia- mond with 35 feet base lines, the base-runner must not leave his base on a pitched ball until after it has left the pitcher's hands, on penalty of being sent back. Starting too soon does not exempt a base runner from being put out on that particular play. The umpire must not make a decision in regard to a premature start until the base runner has reached the next base or is put out. RULE XXVII. RETURNING TO BASES. The base-runner shall return to his base, and shall be entitled to so return without being put out- (a) If the umpire declares a foul hit which is not legally caught by a fielder. (b) If the umpire declares a foul strike. (c) If the umpire declares a dead ball. (d) If the person or clothing of the umpire is struck by a ball thrown by the catcher to intercept a base-runner. (e) If he is called back by the umpire for starting too soon. RULE XXVIII. A BASE-RUNNER IS OUT. (a) If, having made a fair hit, while

batsman. such fair hit ball be held by a fielder before touching the ground, wall or any fixture. t., of C.

P21 0 x n M 4 0.4 . W - . o _ < O M ; X . n d i , H 0 O . 8 - C _ . _ ^ (2 k , , cc

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 101 (b) If he intentionally kicks or interferes with a ball he has just batted. If a ball he has just batted rebounds and hits him he shall not be declared out on that account. (c) If the third strike be caught before touching the ground or any object. (d) If, after three strikes or a fair hit, he be touched with the ball in the hands of a fielder before such base- runner touches first base. (e) If, after three strikes or a fair hit, the ball be se- curely held by a fielder while touching first base with any part of his person, before such base-runner touches first base. (f) If, in running from first tc.second base, from second to third base, or from third to home base, he runs more than three feet from a direct line between such bases to avoid being touched by a ball in the hands of a fielder; but in case a fielder be occupying a base-runner's proper path, attempting to field a batted ball, then the base-run- ner shall run oit of the path and shall not be deciaered out for so doing. (g) If he fails to avoid a fielder attempting to field. a batted ball, or if he in any way obstructs a fielder attempt- ing to field a batted ball, or intentionally interferes with a thrown ball. (h) If, at any time, while the ball is in play, he be touched by the ball in the hands of a fielder, unless some part of his person is touching a base he is entitled to oc- cupy; provided, the ball be held by the fielder after touch- ing him; but-exception as to first base-in running to first base, he may overrun said base without being put out for being off said base, after first touching it, provided he returns at once and retouches the base, after which he may be put out as at any other base. If, in overrunning first base, he also attempt to run to second base, he shall forfeit such exemption from being put out.

co 00c 0 ce .c 0f . X 10 .- Ci . a gor

HH <1 E1 z H . 0

SPALDING S- OFFICIAL INDOOR BASE BALL GUIDE; 105 No coacher will be allowed up when the bases are un- occupied, and only one coacher when one base is occupied, and no more than two coaches when two or more bases are occupied. RULE XXXII. SUITABLE SHOES. Only shoes with rubber soles or other soft material shall be used, and in all league games teams must be fully uniformed. RULE XXXIII. PITCHER MUST WAIT. When a base-runner is legally entitled to return to a base, the pitcher must wait a reasonable time for him to reach the base, on penalty of 'giving the base-runner another base for violation. RULE XXXIV. UMPIRES. (a) The umpires are masters of the field from the com- mencement to the termination of the game, and are en- titled to the respect of the spectators, and any person offer- ' ing any insult or injury to either of them must be promptly ejected from the room by those in charge. (b) The umpires must compel the players to observe the- provisions of all the playing rules, and are hereby invested with authority to order any player to do or omit to do any act as they may deem necessary to give force and effect to any and all of such provisions. (c) There shall be two umpires, who shall take suitable positions on the field for observing the plays which they are to judge. (d) No. 1 shall decide on and call all balls, strikes, blocks, dead balls, balks, illegal deliveries, fair and foul hits, ground hits, foul strikes, all questions arising at home

s op 4 0 Z o a 0 o.4 .M X X E 5 CO .c > tB V3a _s HW

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 107 plate, and shall call play or time, and shall take a position behind the catcher. (e) No. 2 shall judge all base plays excepting those at home plate and shall take a position about ten feet-back of the base line, midway between home and first or home and third bases, or where he can best view the play. (f) The umpires shall be sole judges of the play, and discussion will only be allowed on correct interpretation of the rules and not on any optional decision. All such discussions are restricted to the two captains. (g) The two umpires shall change positions at the end of every full inning. Umpires shall not be chosen from the two clubs

Library of Congress

contesting. (h) In case an umpire for some reason cannot decide a play, he shall refer to his colleague. The umpires shall ask the captain of the home team whether there are any special ground rules to be enforced, and if there are, they shall see that they are duly enforced, provided they do not conflict with any of these rules. (i) The umpires must keep the contesting nines playing constantly from the commencement of the game to its termination, allowing such delays only as are rendered unavoidable by accident or injury. The umpires must, until the completion of the game, require the players of each side to promptly take their positions in the field as soon as the third man is put out, and must require the first batter of the opposite side to be in his position at the bat as soon as the fielders are in their places. RULE XXXV. CALLING "PLAY" AND "TIME." (a) The umpire designated as No. 1 must call "play" promptly at the hour designated by the home club, and on the call of "play" the game must immediately begin. When he calls "time," play must be suspended until he calls "play" again, and during the interim no player shall

b~ab 1 1 - o0 _'" >> en e O d , S^ AS a) E < 00 B m to O O g * t^ Z .^' M H_ ^ E aS O0 P?
e Mo * ^ ^ -p ^ , X .l Cr 5< ' c~r V '^ To .dW pi

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 109 be put out, base be run or run be scored. The umpire shall suspend play only for an accident to himself or a player (but in case of accident to a fielder "time" shall not be called until the ball be returned to and held by the pitcher standing in his box), (b) "Time" must not be called for trivial causes. The practice of players suspending the game to discuss or contest a decision with either umpire is a gross violation of the rules and the umpire must not allow it. (c) If a player wilfully disobeys the cautions of the umpires in regard to violations of the rules he may, at the discretion of the umpires, be ordered out of the game and his place be filled, if such decision reduce the side to less than eight players. RULE XXXVI. SCORING. In order to promote uniformity in scoring, the following suggestions and definitions are made for the benefit of scorers, and they are required to make all scores in accordance therewith. SECTION I. The first item in the tabulated score, after the player's name and position, shall be the number of times he has been at bat during the game. No time at bat shall be

Library of Congress

scored if the batsman be given first base on called balls or on an illegal delivery of the ball by the pitcher. SEC. 2. In the second column shall be set down the number of hits made by each player. A hit should be scored in the following cases: When the ball from the bat strikes the ground within the foul lines and out of reach of the fielders. When a hit ball is partially or wholly stopped by a fielder in motion, but such player cannot recover himself in time to handle the ball before the striker reaches first base. When a ball is hit with such force to a fielder that he cannot handle it in time to put out the batsman.

To EH C^ <-

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. III When a ball is hit so slowly toward a fielder that he cannot handle it in time to put out the batsman. That in all cases where a base-runner is retired by being hit by a batted ball, the batsman should be credited with a hit. SEC. 3. In the third column should be set down the number of runs made by each player during the game. SEC. 4. In the fourth column shall be set down the number of opponents put out by each player. When a batsman is called out for a foul strike, or when he fails to bat in the proper order, the put-out shall be scored to the catcher. In all cases of out for interference or running out of line, the put-out shall be credited to the player who would have made the play, but for the action of the base-runner or batsman. SEC. 5. The number of times the player assists shall be set down in the fifth column. An assist shall be given to each player who handles the ball in assisting a put-out or other play of the kind. An assist should be given to the player who makes a play in time to put a runner out, even if the player who could complete the play fails through no fault of the player assisting. SEC. 6. An error should be given in the sixth column for each misplay which allows the batsman or base-runner to make one or more bases, when perfect play would have insured his being put out, except that "wild pitches," "bases on balls," or illegal pitched balls, balks or passed balls, all of which comprise battery errors, shall not be included in this column. An error shall not be scored against the catcher for a wild throw to prevent a stolen base, unless the base-runner advances an extra base

Library of Congress

because of the error. No error shall be scored against a fielder who attempts to complete a double play, unless the throw is so wild that an additional base is gained.

T-(' "'? 0 H o o . Q H _ z O _ * . z o 0 .i > CO X Ri X t- > ., 5Z Cu CQ . << O ^ 3 t m; 0 *I g -
H -i O a; F COG *-I t * O .a O _ ^ be . _ ^ _ 5 ^ a _ s

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 113 RULE XXXVII. SUMMARY.
SECTION I. The score made in each inning of the game. SEC. 2. The number of two-base hits made by each player. SEC. 3. The number of three-base hits made by each player. SEC. 4. The number of home runs made by each player. SEC. 5. The number of hits made off each pitcher. SEC. 6. The number of times the pitcher strikes out the opposing batsmen. SEC. 7. The number of times the pitcher gives bases on balls. SEC. 8. The number of wild pitches charged to the pitcher. SEC. 9. The number of passed balls by each catcher. SEC. IO. The time of the game. SEC. II. The names of the umpires.

INDOOR BASE BALL FOR WOMEN

IIS

II7

D) g t a CD X U E - co j i - . ^ s . To z of F~ Nt Q cr V . U * _I

IT9

O* r~ E 'e o Q4 2 oo cD a l . v O w ' V y _ . ^ ^ - v i i-"I LO1" C: p r~ 2 ca K^"1 Act;~' H TV
M d P M q)g` ii ii M^'

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDL. 121 School, Chicago, have shown that it is successful in every way. Marked improvement in the physical condition of the players has re- sulted in every case. No one showed any of the effects resulting from

Library of Congress

over exertion. Girls bat well, and soon learn fielding. They throw easily overhanded and underhanded, and after a few weeks' practice develop considerable speed. The most difficult places to fill are usually the pitcher's and catcher's positions. Among several candidates, however, some one can be found possessing the requisite strength of arm and wrist for the pitcher's work. Such players may improve rapidly, and learn to pitch surprisingly swift balls. There are some natural catchers who receive the ball excellently, but it usually requires time to develop material for this position. Experienced players can learn to catch after a little practice unless they are afraid of the bat. As a result of the experiments in our high school, we have concluded that indoor base ball can be learned by young women, and that the game is instructive, entertaining and highly beneficial. Steps have been taken toward the organization of a league of Chicago and Cook County high schools. There is no reason why it cannot be successful.

J : * . 0 i - 8 a g . ^ . > fo - l a O A ^ O Y ; l o * Xs - trr

HOW TO TEACH GIRLS TO PLAY INDOOR BASE BALL

1, White; 2, Sloman; 3, Clark; 4, Ortmann; 5, Magness; 6, Franklin; 7, B. Siems; 8, Wall; 9, Overcash; 10, H. Siems; 11, Paris; 12, Owens. NIAGARA TEAM, BALTIMORE, MD.

E- Fi n 0 : 4 Y) 0i 0 tr en

127

k

INDOOR BASE BALL IN BUFFALO

INDOOR BASE BALL IN BUFFALO By WALTER C. MASON, of the Buffalo Express.
Indoor base ball has become one of the permanent winter sports for the young men of

Library of Congress

Buffalo and Western New York. The game has been played here off and on for the past ten years, but never until last winter has it seen so many devotees or been placed on such a solid footing. Young men who play in minor leagues during the summer months find it a grand opportunity to remain in condition the year round. Buffalo is in every sense a base ball city, and it is no exaggeration to say that the town boasts 150 amateur teams, all uniformed and equipped for the national game. The truth of this statement can be attested by J. R. Weld, Jr., manager of A. G. Spalding & Bros.' local branch, who since his arrival in Buffalo, has built up a grand business from what had become practically a dead stand. Little wonder then that indoor base ball has grown so strong in Western New York. With the exception of an Inter-City Base Ball League, composed of teams in Buffalo, Rochester and Hamilton, Ont., some few years ago, no attempt was made to form a city league until the past year, when the Buffalo Indoor Base Ball League was organized and contained eight of the strongest amateur clubs in the city. Another league has been in operation here for some time, but it is an independent affair and closed to outside clubs. This is the league composed of the various companies of the Sixty-fifth Regiment, N. G., N. Y. The local regi-

4

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 131 teams have the best places for the game, but one of the regimental rulings is that no man can take part in games unless he be a member of the regiment, and teams are not allowed to go outside the building to play other clubs- that is, in the city, and as teams representing the regiment. No objection has been raised to playing out-of-town nines. The Seventy-fourth Regiment, while having the finest place in the city, has not taken up the game as it was expected it would, having confined itself to basket ball, but it is expected that with the increasing interest taken in the sport by the sister regiment there will be additional teams placed in the field by the Seventy-fourth during the drill season of 1904-5. The Sixty-fifth Regiment has always been strong on base ball, having in its ranks some of the best amateur players in the city, several of whom can be found among the teams of the New York State

Library of Congress

League and other minor organizations. The pick of the regiment, called the Sixty- fifth Regiment team, holds the record of having beaten the Buffalos of the Eastern League in a 11 to 4 game during the early spring of 1903. The Bisons were unable to handle themselves satisfactorily on the small diamond, the soldiers playing all around them at the indoor game. The soldiers have been playing the game longer than any other club or organization in the city. Each year the athletic association of the regiment has awarded a silver trophy to the winner of a regularly scheduled set of games. This year found the team of Company A the winner after a bitter struggle with the men of Company C. The picked regiment team, the cracks, have held the Western New York championship-a much coveted title--for several years, but for some unexplained reason there was no all- star nine selected from the regiment during the 1903-4 season. Indoor base ball in this city is now meeting the same standing which characterized the introduction here of bas-

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 133' ket ball. When the German Y. M. C. A. team won the American championship in 1900 at the Pan-American Exposition by defeating the best teams in the land, basket ball took a decided brace and has since held the people, being played by many clubs and teams, and is well patron- ized. There is every probability that indoor base ball will do the same thing after spectators have been introduced to the game as it should be played. It is safe to say that nine out of every ten base ball (indoor) fans either do not know how this popular indoor game is played or have never witnessed a struggle between two fast nines. During the past season three times as many indoor base ball teams played the game than during any season heretofore. There has' been easily an increase of over 200 per cent. in the number of teams and players. The one thing which keeps this game back is not owing to the slim patronage or the lack of material, but the inadequate playing quarters where contests can be played to advantage and viewed with comfort. Strange as it may seem, for a big city, only one hall could be, secured to play the regularly scheduled contests, and that was too small. Although there are two of the largest armories in the United States located in Buffalo, in addition to a city convention hall, which could be used without any alteration,

Library of Congress

neither place could be secured. The Seventy-fourth Regiment, however, did allow the Buffalo Ramblers and the Buffalo Turn Verein teams to play their final game for the city championship in its big drill hall. The Sixty-fifth Regiment expects to enter its new armory this winter and upon the old place being vacated by the boys in blue an effort will be made to secure the old building and to form a ten-club league. Out-of-town clubs can then be accommodated, also. There is excellent material from which to form such a league. Buffalo is a hot-bed for anything clean in the sporting line, especially in base ball.

p 43 bo 0. 4H *r - 0 .^ X H OS 8 F9

I

SPALDING S OFFICIAL INDOOR BASE BALL GUIDE. 137 were two of nine, two ten and two eleven innings, making an excellent showing. Then later, quite a number of ten-inning contests were seen. Intense, but friendly, rivalry was shown throughout the schedule. No club at any time, with the exception of the last week, held the lead more than a few days, which again tells how keen was the struggle. First one club, then another, would reach the top, only to fall back and be passed by another. The Black Rocks were the fortunate ones to land the prize and the league championship, but not the city championship, that title being claimed, and justly, by the Buffalo Ramblers' Bicycle Club, one of the old-time organizations of Buffalo. The Records, Ortner Stars and Buffalo Turn Verein teams were tied for second place, but played it off. Almost the entire team of the Spaldings belonged to State league clubs and before the indoor season closed were ordered to report to their respective teams, hence their withdrawal from the league. No successor to them was chosen, although there were several applications for the vacancy. Each team was awarded one game, which it was supposed to have played the Spaldings. Next season will undoubtedly see a grand revival of this popular game, as the success of the league insures greater interest being taken by its devotees. The Ramblers, although not a member of the league, having dropped out of the race after the third week, have in their

Library of Congress

possession a silver cup, presented by the Seventy-fourth Regiment to be contested for yearly by the two best teams in the city. After carefully scrutinizing the records of the four best clubs in the city, the Buffalo Ramblers and Buffalo Turn Verein were chosen. The game took place in the large drill hall before a big crowd and was won by the Ramblers in a hard-fought game, both teams bringing forth much applause from the spectators for their excellent plays, the score being 11 to 6. The Ramblers excelled in batting, which accounts for their victory, while the Turn

To 0 0 u 0 u a C9 E-4 E-E E--4 Ep

SPALDING'S OFFICIAL INDOOR BASE BALL GUIDE. 139 Verein boys excelled in fielding. A peculiar feature of this game was the comparative difference in the ages of the players of the two opposing clubs. The Ramblers, who have been in existence longer than any club in the city, were fully seven years older to a man than the Turners. The Ramblers played fifteen games and won them all, a good record. They played three of these games while a member of the league, and it is a good prediction to say that they would not have got away so easy if they had remained in the league. They certainly would have lost some games. The club that deserves a great deal of credit, for it has done more for indoor base ball in this city than any other team, is the Buffalo Turn Verein. They organized in November with ten members, and played an entire season of forty-four games without having to look for a substitute or a new player. They played and hold a victory over every team in Buffalo and the near vicinity, the only team which they have failed to defeat being the Ramblers. They have played almost three times as many games as any other team in the city, or twice as many as any two teams. Of the forty-four games, they won thirty-three and lost eleven, including league games. Considering this being their first season, this is an enviable and a well-earned record. The Black Rocks have a very good team, also, being composed of the cream of the amateur players of their section of the city. The Ortner Stars and Records also put up some strong contests, each of them at one time or another leading the league. The Globes, Belmonts and Ardells were composed of some excellent individual players, but lacked team work-so necessary for a successful

Library of Congress

club-which placed them in the last division. The Spaldings had in their ranks the pick of Buffalo's amateur outdoor players, although indoors they had to play good ball to keep up with the procession. All told, the season was a decided success, and it is

-o -) (0 N - e r. 0 C0 o X C-Z 0 * Q I X ^ o I X 1: O . _ ~F _- F(,) _

After all the scheduled games in the league were played, the second, third and fourth teams were all tie for second place. This tie was played off, and that is why the stand- ing shows that they have played more games.

ii

q 4j 4

oQ) o H |C 0 o .o s E A W ko r o O v R w p ri o) bt 3

F4 0 0- 0 -O FQ

u) f-^ a 0 aJ -WP X & ,Q xA o u ls t7 - ^ o 3 O _ F7 1 w - U X c. - - <1 ^ : ;; 0 H . _ ba ir U m
^" rt H E H N 3 _ . - b a, _r _S bX

T 0 0 C' ~oQ ctl 0,0 Pl , 0aC 0~ *0 00t-

oo ;o bn r v . . j u . i0 ., W CO a X I cn *5 be X ro - To c: a . _ F . lo H 1 V . 0 - Q c > d 0 >- >
^' F U O '- ^ - o U h- S To wJ- ccs i'f rt ^4 H-

-lo cdO kQ) -I -0 00 W W F; ^ CO" 1- m mC1 s^I -3

H us rn 0 0 4 0

aq us 0 in JI C ' .0 .I t rEX O T ol I) g I m * ; 60 CZv 'J &X S I PQ - C(3 W by F7 p:I l OW t Q
S 5 " il Q a. kf I i i *la . 1 co(y

Library of Congress

20 dFM s 0 -I W o en a," o S0 . Oz 8 n7 ~o 3 ,-- . o,' 0 0 u -H 0 O 0 3H w a". c^r(vl ^ I" d'u
S^ M CX^ iU F1~1- PI0GL g^" o J'guo r;*1Q

'4 0 0 0 r4 H E-1 sZ 0 0 ai) , 1,, c^! '

. -U x si1 o H t 0 sl Z ^ i . C G 4> w .F Y I P 1) M i- S c ~ ^ PQ CD I X cD s Sba I U< 7;l
O .e ^ 1Si *-H C9 (d. I N CT! 4<o

I

--

-- -

Y72 in., B>.75 In, **t. al U.

The object of this invention is to prevent the chipping and jamming of the balls as they are returned on the runs of the alley. It can be readily adjusted to check or retard the ball and allow it to pass slowly from under the brake lever into place at the end of the run, the brake at once dropping into position to receive the next ball. The working parts are of steel, made in a strong and substantial manner, and will last for years. No alley is complete without one. Price, \$10.00 Handsomely illustrated catalogue mailed free to any address. A. C. SPALDINC & BROS. New York Chicago Philadelphia San Francisco St. Louis Boston Buffalo Baltimore Denver Minneapolis Kansas City Montreal, Can. London, England ,.--

I

Library of Congress

la 0% &t % Aa %12 A 1.t 0 0 %'Ot0

I - -- - _ Blh. ____ _ _ _

I- II~~~~~

1

Nni-f nflh1w A;A

—

SPALDING'S ATHLETIC LIBRARY

SPALDING'S ATHLETIC LIBRARY PRICE TEN CENTS PER COPY No. 12-Association Foot Ball Contains valuable information, diagrams of play, and rules for both the Gaelic and Association styles of play. Price 10 cents. No. 13-How to Play Hand Ball By the world's champion, Michael Egan, of Jersey City. This book has been rewritten and brought up to date in every particular. Every play is thoroughly explained by text and diagram. The numerous illustrations consist of full pages made from photographs of Champion Egan, showing him in all his characteristic attitudes when playing. These pictures were made exclusively for this book and cannot be found in any other publication. This is undoubtedly the best work on hand ball ever published. Price 10 cents. No. 14-Curling History of the sport; diagram of curling rink; rules for curling; diagrams of play. Price 10 cents. No. 23-Canoeing By C. Bowyer Vaux. Paddling, sailing, cruising and racing canoes and their uses; canoeing and camping; paddling; sailing; racing regulations. Price 10 cents. No. 27-College Athletics M. C. Murphy, the well-known athletic trainer, now with Yale Uni-

Library of Congress

versity, the author of this book, has written it especially for the school- boy and college man, but it is invaluable for the athlete who wishes to excel in any branch of athletic sport. The subjects comprise the following articles: Training, starting, sprinting; how to train for the quarter, half, mile and longer distances; walking; high and broad jumping; hurdling; pole vaulting; putting the shot; throwing the hammer. Illustrated with pictures of leading college athletes. Price 10 cents. No. 29-Exercising With Pulley Weights By Dr. Henry S. Anderson, instructor in heavy gymnastics Yale gymnasium, Anderson Normal School, Chautauqua University. In conjunction with a chest machine anyone with this book can become perfectly developed., Contains all the various movements necessary to become proficient and of well-developed physique. Thoroughly explained and illustrated with numerous drawings. Price 10 cents. No. 40-Archery By J. S. Mitchel. An introductory chapter on the use of the bow and arrow; archery of the present day; the bow and how to use it, with practical illustrations on the right and wrong method of aiming. Price 10 cents. No. 55-Official Sporting Rules Contains rules not found in other publications for the government of many sports; rules for wrestling, cross-country running, shuffleboard, skating, snowshoeing, quoits, potato racing, professional racing, racquets, pigeon flying, dog racing, pistol and revolver shooting. Price 10 cents.

SPALDING'S ATHLETIC LIBRARY PRICE TEN CENTS PER COPY No. 87-Athletic Primer Edited by James E. Sullivan, Secretary-Treasurer of the Amateur Athletic Union; tells how to organize an athletic club, how to conduct an athletic meeting, and gives rules for the government of athletic meetings; contents also include directions for building a track and laying out athletic grounds, and a very instructive article on training; fully illustrated with pictures of leading athletes in action. Price 10 cents. No. 102-Cround Tumbling By Prof. Henry Walter Worth, who was for years physical director of the Armour Institute of Technology. Any boy, by reading this book and following the instructions, which are drawn from life, can become a proficient tumbler; all the various tricks explained. Price 10 cents. No. 104-The Grading of Gymnastic Exercises By G. M. Martin, Physical Director of the Y. M. C. A. of Youngstown, Ohio. It is a book that should be in the hands

Library of Congress

of every physical director of the Y. M. C. A., school, club, college, etc. The contents comprise: The place of the class in physical training; grading of exercises and season schedules-grading of men, grading of exercises, season schedules for various classes, elementary and advanced classes, leaders, optional exercises, examinations, college and school work; calisthenic exercises, graded apparatus exercises and general massed class exercises. Nearly 200 pages. Price 10 cents. No. 124-How to Become a Gymnast By Robert Stoll, of the New York A. C., the American champion on the flying rings from 1885 to 1892. Any boy who frequents a gymnasium can easily follow the illustrations and instructions in this book and with a little practice become proficient on the horizontal and parallel bars, the trapeze or the "horse." Price 10 cents. No. 128-How to Row By E. J. Giannini, of the New York A. C., one of America's most famous amateur oarsmen and champions. This book will instruct any one who is a lover of rowing how to become an expert. It is fully illustrated, showing how to hold the oars, the finish of the stroke and other information that will prove valuable to the beginner. Contains also the official laws of boat racing of the National Association of Amateur Oarsmen. Price 10 cents. No. 129-Water Polo By Gus Sundstrom, instructor at the New York A. C. It treats of every detail, the individual work of the players, the practice of the team, how to throw the ball, with illustrations and many valuable hints. Price 10 cents. No. 135-Official Handbook of the A. A. U. of the United States The A. A. U. is the governing body of athletes in the United States of America, and all games must be held under its rules, which are exclusively published in this handbook, and a copy should be in the hands of every athlete and every club officer in America. This book contains the official rules for running, jumping, weight throwing, hurdling, pole vaulting, swimming, boxing, wrestling. etc., and is an encyclopedia in itself. Price 10 cents.

SPALDING'S ATHLETIC LIBRARY PRICE TEN CENTS PER COPY -- ~

~~~~~ . No. 152-Table Tennis The contents include the official rules and illustrations of the various strokes, posed by experts. Price 10 cents. No. 154-Field Hockey To those in need of vigorous and healthful out-of-doors exercise, this game

## Library of Congress

is recommended highly. Its healthful attributes are manifold and the interest of player and spectator alike is kept active throughout the progress of the game. Can be played by either sex and occupies a prominent place in the sports at Vassar, Smith, Wellesley, Bryn Mawr and other leading colleges. Price 10 cents. No. 156-The Athlete's Guide How to become an athlete. It contains full instructions for the beginner, telling how to sprint, hurdle, jump and throw weights, general hints on training; in fact, this book is one of the most complete on the subject that has ever appeared. Special chapters contain valuable advice to beginners and important A. A. U. rules and their explanations, while the pictures comprise many exclusive scenes showing champions in action. Price 10 cents. No. 157-How to Play Lawn Tennis A complete description of lawn tennis is found in this book; a history of the game; a lesson for beginners and directions telling how to make the most important strokes; styles and skill of the experts; the American twist service; how to build and keep a court. Illustrated from photographs of leading players in action. Price 10 cents. No. 158-Indoor and Outdoor Gymnastic Games Without question one of the best books of its kind ever published. Compiled by Prof. A. M. Chesley, the well-known Y. M. C. A. physical director. It is a book that will prove valuable to indoor and outdoor gymnasiums, schools, outings and gatherings where there are a number to be amused. The games described comprise a list of 120, divided into several groups; simple games for a large number, tag games and racing games; games for a few; ball games and athletic feats. Price 10 cents. No. 161-Ten Minutes' Exercise for Busy Men By Dr. Luther Halsey Gulick, superintendent of physical training in the New York public schools. Anyone who is looking for a concise and complete course of physical education at home would do well to procure a copy of this book. Ten minutes' work as directed is exercise anyone can follow. It already has had a large sale and has been highly commended by all who have followed its instructions. Nearly 100 pages of illustrations and 100 of text. Price 10 cents. No. 162-How to Become a Boxer For many years books have been issued on the art of boxing, but it has remained for us to arrange a book that we think is sure to fill all demands. It contains over 70 pages of illustrations showing all the latest blows, posed especially for this book under the supervision of one of the best instructors of boxing in the United States, who makes a

## Library of Congress

specialty of teaching and who knows how to impart his knowledge. They are so arranged that anyone can easily become a proficient boxer. The book also contains pictures of all the well known boxers. A partial list of the 200 pages of the book include: A history of boxing; how to box: the correct position; the hands; clenching the

SPALDING'S ATHLETIC LIBRARY PRICE TEN CENTS PER COPY fist; the art of gauging distance; the first principles of hitting; the elements of defence; feinting; knockout blows: the chin punch; the blow under the ear; the famous solar plexus knockout; the heart blow; famous blows and their originators: Fitzsimmons' contribution; the McCoy corkscrew; the kidney punch; the liver punch; the science of boxing; proper position of hand and arm, left hook to face; hook to the jaw; how to deliver the solar plexus; correct delivery of a right uppercut; blocking a right swing and sending a right uppercut to chin; blocking a left swing and sending a left uppercut to chin; the side step; hints on training, diet and breathing; how to train; rules for boxing. Price 10 cents. No. 165-The Art of Fencing This is a new book by Regis and Louis Senac, of New York, famous instructors and leading authorities on the subject. Messrs. Senac give in detail how every move should be made, and tell it so clearly that any- one can follow the instructions. It is illustrated with sixty full page pictures, posed especially for this book. Price 10 cents. No. 166-How to Swing Indian Clubs By Prof. E. B. Warman, the well-known exponent of physical culture. The most complete work on this special subject ever issued. By following the directions carefully anyone can become an expert. Price 10 cents. No. 167-Quoits By M. W. Deshong. The need of a book on this interesting game has been felt by many who wished to know the fine points and tricks used by the experts. Mr. Deshong explains them, with illustrations, so that a novice can readily understand. Price 10 cents. No. 170-Push Ball Played with an air-inflated ball 6 feet in diameter, weighing about 50 pounds. A side consists of eleven men. This book contains the official rules and a sketch of the game; illustrated. Price 10 cents. No. 171-Basket Ball for Women Edited by Miss Senda Berenson, of Smith College. Contains the rules for basket ball for women as adopted by the conference on physical training, held in June, 1899, at Springfield, Mass., and articles on the following subjects:

## Library of Congress

Psychological effects of basket ball for women, by Dr. Luther H. Gulick, superintendent of physical training in the schools of Greater New York; physiological effects of basket ball, by Theodore Hough, Ph. D.; significance of basket ball for women, by Senda Berenson: relative merit of the Y. M. C. A. rules and women's rules, by Augusta Lane Patrick; practical side of basket ball, by Ellen Emerson, B. K., Agnes Childs, A. B., Fanny Garrison. A. B.; A Plea for Basket Ball, by Julia Ellsbee Sullivan, Teachers' College, New York; diagram of field, showing position of team; illustrated with many pictures of basket ball teams. Price 10 cents. No. 174-Distance and Cross Country Running By George Orton, the famous University of Pennsylvania runner. Tells how to become proficient at the quarter, half, mile, the longer distances, and cross-country ranning and steeplechasing, with instruc- tions for training and schedules to be observed when preparing for a contest. Illustrated with numerous pictures of leading athletes in ac- tion, with comments by the editor on the good and bad points shown. Price 10 cents,

SPALDING'S ATHLETIC LIBRARY PRICE TEN CENTS PER COPY No. 189-Rules for Cames Compiled by Jessie H. Bancroft, director of physical training, depart- ment of education, New York City, Borough of Brooklyn. The games described in this book are intended for use at recesses, and all but the team games have been adapted to large classes. While it is desirable that all the players should have a maximum of physical activity, it has been found that some games, which keep only a few of the players running at once, are of important service for mental hygiene, through their power of holding the voluntary attention. Indeed, the interest of the children has been made one test of the success of the games. The games are suitable for children from three to eight years, and include a great variety, divided under the general heads of ball games, bean bag games, circle games, singing games and miscellaneous games. Price 10 cents. No. 191-How to Punch the Bag By W. H. Rothwell ("Young Corbett"), champion featherweight of the world. This book is undoubtedly the best treatise on bag punching that has ever been printed. Every variety of blow used in training is shown and explained. The pictures comprise thirty-three full page re- productions of Young Corbett as he appears while at work in his

## Library of Congress

training quarters. The photographs were taken by our special artist and cannot be seen in any other publication than Spalding's Athletic Library No. 191. Fancy bag punching is treated by a well known theatrical bag puncher, who shows the latest tricks. Price 10 cents. No. 193-How to Play Basket'Ball By G. T. Hepbron, editor of the Official Basket Ball Guide. Contains full instructions for players, both for the expert and the novice, duties of officials, and specially posed full page pictures showing the correct and incorrect methods of playing. The demand for a book of this character is fully satisfied in this publication, as many points are included which could not be incorporated in the annual publication of the Basket Ball Guide for want of room. Price 10 cents. No. 194-Racquets, Squash-Racquets and Court Tennis The need of an authoritative handbook at a popular price on these games is filled by this book. How to play each game is thoroughly explained, and all the difficult strokes shown by special photographs taken especially for this book. Contains the official rules for each game, with photographs of well known courts. Price 10 cents. No. 195-Official Roque Guide The official publication of the National Roque Association of America. Edited by Prof. Charles Jacobus, ex-champion. Contains a description of the courts and their construction, diagrams of the field, illustrations, rules and valuable information concerning the game of roque. Price 10 cents. No. 196-Official Base Ball Guide Edited by Henry Chawick, the "Father of Base Ball," the official publication of base ball. It contains a complete record of all leagues in America, pictures of teams, official rules and reviews of the game. The standard base ball annual of the country. Price 10 cents.

SPALDING'S ATHLETIC LIBRARY PRICE TEN CENTS PER COPY No. 197-Spalding's Lawn Tennis Annual Contains official statistics, photographs of leading players, special articles on the game, review of important tournaments, official rules, handicapping rules and tables; list of fixtures for the current year and other valuable information. Price 10 cents. No. 198-Spalding's Official Cricket Guide Edited by Jerome Flannery. The most complete year book of the game that has ever been published in America. It contains all the records of the previous year, reports of special matches, official rules and pictures of all the leading teams and individual players. Price 10 cents. No. 199-Equestrian Polo



## Library of Congress

Guide Compiled by H. L. FitzPatrick of the New York Sun. Illustrated with portraits of leading players and contains most useful information for polo players in relation to playing the game, choosing of equipment and mounts; contains the official rules and handicaps of the National Association. Price 10 cents. No. 200-Dumb-Bells This is undoubtedly the best work on dumb-bells that has ever been offered. The author, Mr. G. Bojus, of New York City, was formerly superintendent of physical culture in the Elizabeth (N.J.) public schools, instructor at Columbia University, instructor for four years at the Columbia summer school, and is now proprietor of the Liberty Street Gymnasium, at 121 Liberty Street, New York City. The book contains 200 photographs of all the various exercises, with the instructions in large, readable type. It should be in the hands of every teacher and pupil of physical culture, and is invaluable for home exercise as well. Price 10 cents. No. 201-Lacrosse-From Candidate to Team By William C. Schmeisser, captain Johns Hopkins University champion intercollegiate lacrosse team of 1902; edited by Ronald T. Abercrombie, ex-captain and coach of Johns Hopkins University lacrosse team, 1900-1904. Every position is thoroughly explained in a most simple and concise manner, rendering it the best manual of the game ever published. Illustrated with numerous snapshots of important plays. Price 10 cents. No. 202-How to Play Base Ball Edited by T. H. Murnane. New and revised edition. Contents: How to become a batter, by Napoleon Lajoie, James Collins, Hugh Jennings and Jesse Tannehill; how to run the bases, by Jack Doyle and Frank L. Chance; advice to base runners, by James E. Sullivan, Secretary-Treasurer A.A.U.; how to become a good pitcher, by Cy Young, "Rube" Waddell and Bert Cunningham; on curve pitching, by Cy Young, James J. Callahan, Frank Donahue, Vic Willis, William Dineen and Charley Nichols; how to become a good catcher, by Eddie Phelps, William Sullivan and M. J. Kittridge; how to play first base, by Hugh Jennings; how to play second base, by Napoleon Lajoie and William Gleason; how to play third base, by James Collins and Lave Cross; how to play shortstop, by Herman Long; how to play the infield, by Charles A. Comiskey; how to play the outfield, by Fred Clarke; the earmarks of a ball player, by John J. McGraw; good advice for players; how to organize a team; how to

## Library of Congress

manage a team; how to score a game; how to umpire a game; base ball rules interpreted for boys. Price 10 cents.

SPALDING'S ATHLETIC LIBRARY PRICE TEN CENTS PER COPY No. 204-Official Intercollegiate A.A.A. Handbook Contains constitution, by-laws, laws of athletics, and rules to govern the awarding of the championship cup of the Intercollegiate Athletic Association of Amateur Athletes of America, the governing body in college athletics. Contains official intercollegiate records from 1876 to 1903, with the winner's name and time in each event, list of points won by each college, and list of officers of the association from 1889 to 1904, inclusive. To anyone interested in college athletics the book is invaluable as a record. Price 10 cents. No. 205-Official Handbook of the Public Schools Athletic League This is the official handbook of the Public Schools Athletic League, which embraces all the public schools of Greater New York. It contains the official rules that govern all the contests of the league, and constitution, by-laws and officers. Edited by Dr. Luther Halsey Gulick, superintendent of physical education in the New York public schools, and Wm. C. J. Kelly, secretary of the league. Illustrated with numerous portraits of schoolboy athletes. Price 10 cents. No. 206-How to Play Golf No golfer should miss having a copy of this golf guide. Harry Var. don tells how to play game, with life-like illustrations showing the different strokes. The book also contains the revised official rules, official records, as well as pictures of many important players, and a directory giving name, address, membership and length of golf course of clubs in the United States. Price 10 cents. No. 207-Bowling on the Green; or, Lawn Bowls This famous Scottish game has achieved considerable popularity in America. Contains an account of the introduction of the game in America; diagram of a green how to construct a green; necessary equipment; how to play the game, and the official rules as promulgated by the Scottish Bowling Association. This handbook of the game has been edited by Mr. James W. Greig, a well known authority, and is thoroughly up to date. Illustrated with portraits of prominent players. Price 10 cents. No. 208-Physical Education and Hygiene This is the fifth of the Physical Training series, by Prof. E. B. Warman (see Nos. 142, 149, 166 and 185), and a glance at the contents

## Library of Congress

will show the variety of subjects: Chapter I-Basic principles; longevity. Chapter II -Hints on eating; food values; the uses of salt. Chapter III-Medicinal value of certain foods. Chapter IV-The efficacy of sugar; sugar, food for muscular work; eating for strength and endurance; fish as brain food; food for the children. Chapter V-Digestibility; bread; appendicitis due to flour. Chapter VI-Hints on drinking-Water, milk, butter- milk, tea, coffee; how to remain young. Chapter VII-Hints on bathing; cold, hot, warm, tepid, salt, sun, air, Russian, Turkish, cabinet. Chapter VIII-Hints on breathing; breathlessness, heart strain, second wind, yawning, the art of yogi. Price 10 cents.

SPALDING'S ATHLETIC LIBRARY PRICE TEN CENTS PER COPY No. 209-How to Become a Skater Contains advice for beginners; how to become a figure skater thoroughly explained, with many diagrams showing how to do all the different tricks of the best figure skaters, including the Mohawk, with all its variations; Q's, forward and backward, inside and outside; the crosscuts, including the difficult Swedish style; inside and outside spins; the grapevine, with its numerous branches, and many other styles, which will be comparatively simple to any one who follows the directions given. Profusely illustrated with pictures of prominent skaters and numerous diagrams. Price 10 cents. No. 210-How to Play Foot Ball Edited by Walter Camp. Revised for season of 1904. The contents embrace everything that a beginner wants to know and many points that an expert will be glad to learn. An introductory chapter for beginners; how to play and tackle; back formations, by Walter Camp. Quarterback is described by deSaulles, the famous Yale player; how to give signals is explained by Rockwell and Hogan of the Yale team, who show with many diagrams how the big teams make their sensational plays; Lewis, the well-known Harvard player, gives instructions in the methods of defence, and William T. Reid, the former Harvard fullback, tells of the duties of the backs. The pictures are made from snapshots of leading teams and individual players in action, with comments by Walter Camp. Price 10 cents. No. 211-Spalding's Official Foot Ball Guide Edited by Walter Camp. Contains the new rules, with diagram of field as newly arranged; special chapters on the game, foot ball for the spectator, All-America teams, as selected by leading authorities;

## Library of Congress

Middle West, Southern, Canadian foot ball, records, and pictures of all the prominent teams, embracing nearly 3,000 players. Price 10 cents. No.212-Official Basket Ball Guide Edited by George T. Hepbron. Contains the revised official' rules, decisions on disputed points, records of prominent teams, reports on the game from various parts of the country, and pictures of hundreds of players. The standard basket ball annual of the country. Price 10 cents. No. 213-285 Health Answers Contents: Necessity for exercise in the summer; three rules for bicycling; when going up-hill; sitting out on summer nights; ventilating a bedroom; ventilating a house; how to obtain pure air; bathing; salt water baths at home; a substitute for ice water; drinking ice water; to cure insomnia; asleep in two minutes; for those who ride wheels; summer outdoor exercise; profuse perspiration; danger of checking perspiration; dress, hot weather; light colored clothing; how to avoid catching cold; eating; a few good rules; drinking; how to go up and down stairs; the proper way to breathe; correct position; to secure correct position; the right way to sit; when you are walking; perfect freedom; stationary running; fish as brain food; condiments; internal baths; honey; anemic condition; high collars; alcohol; measurements of women; process of digestion; southern corn; children dining; blanched almonds; ice-cold water; beans; running; insomnia; consumptives; tub bath; codfish and potatoes; rheumatism; strength begins in the stomach; nervousness; poor complexions; lines about the mouth, etc., etc., etc. Price 10 cents.

SPALDING'S ATHLETIC LIBRARY PRICE TEN CENTS PER COPY No. 214-Craded Calisthenics and Dumb-Bell Drills By Albert B. Wegener, Physical Director Y. M. C. A., Rochester, N. Y. Ever since graded apparatus work has been used in gymnastics, the necessity of having a mass drill that would harmonize with it has been felt. For years it has been the established custom in most gymnasiums of memorizing a set drill, never varied from one year's end to the other. Consequently the beginner was given the same kind and amount as the older member. With a view to giving uniformity the present treatise is attempted. Price 10 cents. No. 215-Indoor Base Ball America's national game is now vieing with other indoor games as a winter pastime. This book contains the playing rules,

## Library of Congress

pictures of leading teams, and interesting articles on the game. Price 10 cents. No. 216-How to Become a Bowler By S. Karpf, Secretary of the American Bowling Congress, and one of the best posted men on bowling in America. Contents: History of the sport; diagrams of effective deliveries; how to bowl; a few hints to beginners; American Bowling Congress; the national championships; how to build an-alley; how to score; spares-how they are made. Rules for cocked hat, cocked hat and feather, quintet, battle game, nine up and nine down, head pin and four back, ten pins-head pin out, five back, the Newport game, ten pin head pin game, duckpin game, head pin game, Dayton candle (rubber neck) pin game, New England candle pin game. Illustrated with portraits of all the prominent bowlers. Price 10 cents. No. 217-Official Athletic Almanac Compiled by J. E. Sullivan, Chief Department Physical Culture, Louisiana Purchase Exposition, and Director Olympic Games, 1904. The only annual publication now issued that contains a complete list of amateur best-on-records; complete intercollegiate records; complete English records from 1866; swimming records; interscholastic records; Irish, Scotch and Australasian records; reports of leading athletic meets; skating records; important athletic events and numerous photos of individual athletes and leading athletic teams. This year's issue is a special Olympic Games number and contains the only full account of the Olympic Games of 1904, and a review of Anthropological Days at the World's Fair stadium, being the first time on record where athletic events were contested in which savages were the exclusive participants, thus forming the first authoritative basis for a comparison between the abilities of the civilized athlete and the savage. Price 10 cents. No. 218-Ice Hockey and Ice Polo Written by the most famous player in Canada, A. Farrell, of the Shamrock hockey team of Montreal, It contains a complete description of the game, its origin, points of a good player, and an instructive article on how game is played, with diagrams and official rules. Illustrated with pictures of leading teams. Price 10 cents.

c ~lr~~ ----r- L-SP CBU ---l--d-- C1-\_\_s C III Mlt

Library of Congress

.- .. c46R